

4/1 更新

Main schedule table with columns for days of the week (月曜日 to 日曜日) and time slots (9:00 to 23:00). Includes class names like Reformer Pilates, Total Basic 45, and HOT PILATES, along with instructor names and class sizes.

予約方法 (Reservation Method) section containing bullet points about booking procedures, cancellation policies, and contact information.

注意点 (Notes) section providing details about instructor availability, equipment requirements, and safety protocols.

Table listing membership types (会員種別), tax amounts (税込金額), and usage conditions (利用方法・条件等) for different programs like ルフレ4, ルフレ U-39, etc.

併学割引 (Concurrent Enrollment Discount) section stating that a 50% discount applies to the monthly fee for two or more members.

Table detailing the withdrawal method (届出方法) and withdrawal rules (届出期限・ルール) for members.

Table showing the reception hours (手続き受付時間) and regular business hours (通常営業時間) for the facility.