

MEGALOS MACHIDA Time Line For Studio, Gym, Aqua. A detailed weekly schedule grid for September 2024, organized by day of the week (Monday to Sunday) and time slots (9:00 to 23:00). The grid lists various activities such as 'スタジオA', 'スタジオB', 'アクア・プログラム', and 'プール'. It includes details like '講師' (Instructor), '定員' (Capacity), and '予約' (Reservation) information. A 'クラス説明' (Class Description) section at the bottom provides details on class types, including 'WEB予約システム導入クラス' and 'スタジオレンタルについて'. A 'プール利用時間' (Pool Usage Time) section specifies pool hours and reservation rules for different days.