

MEGALOS MACHIDA Time Line For Studio, Gym, Aqua. A detailed schedule table for December 2024, organized by day of the week (Monday to Sunday) and time slots (9:00 to 23:00). The table lists various activities such as group classes, personal training, and sports, along with instructor names and participant limits. It also includes a 'Free Swimming' section on Tuesdays and a 'Class Explanation' section at the bottom.