



MEGALOS MACHIDA Time Line For Studio, Gym, Aqua. A detailed weekly schedule grid for January 2025, organized by day of the week (Monday to Sunday) and time slots (9:00 to 23:00). The grid lists various activities such as 'スタジオA', 'スタジオB', 'プール', 'キッズ', and 'ベビー' with specific class names, instructors, and reservation details. A 'フリー遊泳日' (Free Swimming Day) is highlighted for the 20th (Monday) and 30th (Thursday). A 'クラス説明' (Class Description) section provides details on reservation policies, cancellation rules, and pricing. A 'WEB予約システム導入クラス' (WEB Reservation System Introduction Class) section explains the new booking system. The bottom of the page includes pool usage times and contact information.