



|       | 月曜                                                |                                                  |                                                | 火曜                                                        |                           | 水曜                                              |       |                                            | 木曜                                              |       |                            | 金曜                                              | 土曜                                              |       |       | 日曜                                              |       |                                 |  |  |  |  |  |  |  |  |  |  |  |  |
|-------|---------------------------------------------------|--------------------------------------------------|------------------------------------------------|-----------------------------------------------------------|---------------------------|-------------------------------------------------|-------|--------------------------------------------|-------------------------------------------------|-------|----------------------------|-------------------------------------------------|-------------------------------------------------|-------|-------|-------------------------------------------------|-------|---------------------------------|--|--|--|--|--|--|--|--|--|--|--|--|
|       | 北館                                                |                                                  | 南館                                             | 北館                                                        |                           | 北館                                              |       | 南館                                         | 北館                                              |       | 南館                         | 南館                                              | 北館                                              |       | 南館    | 北館                                              |       | 南館                              |  |  |  |  |  |  |  |  |  |  |  |  |
|       | Aスタジオ                                             | Bスタジオ                                            | Cスタジオ                                          | Aスタジオ                                                     | Bスタジオ                     | Aスタジオ                                           | Bスタジオ | Cスタジオ                                      | Aスタジオ                                           | Bスタジオ | Cスタジオ                      | Cスタジオ                                           | Aスタジオ                                           | Bスタジオ | Cスタジオ | Aスタジオ                                           | Bスタジオ | Cスタジオ                           |  |  |  |  |  |  |  |  |  |  |  |  |
|       | 営業開始 7:00                                         |                                                  |                                                | 営業開始 7:00                                                 |                           | 営業開始 7:00                                       |       |                                            | 営業開始 7:00                                       |       |                            | 営業開始 9:00                                       | 営業開始 9:00                                       |       |       | 営業開始 8:00                                       |       |                                 |  |  |  |  |  |  |  |  |  |  |  |  |
| 8:00  |                                                   |                                                  | 営業開始 9:00                                      |                                                           |                           |                                                 |       | 営業開始 9:00                                  |                                                 |       |                            |                                                 | 営業開始 10:00                                      |       |       |                                                 |       | 営業開始 8:00                       |  |  |  |  |  |  |  |  |  |  |  |  |
| 8:30  |                                                   |                                                  |                                                | 【定員58名】<br>背骨コンディショニング30<br>8:25-8:55<br>志田 香織            |                           |                                                 |       |                                            |                                                 |       |                            |                                                 |                                                 |       |       |                                                 |       |                                 |  |  |  |  |  |  |  |  |  |  |  |  |
| 9:00  |                                                   |                                                  |                                                | 【定員58名】<br>健康操30<br>9:15-9:45<br>志田 香織                    |                           |                                                 |       |                                            |                                                 |       |                            |                                                 |                                                 |       |       |                                                 |       |                                 |  |  |  |  |  |  |  |  |  |  |  |  |
| 9:30  | 【定員58名】<br>ボディデザインピラティス30<br>9:45-10:15<br>磯崎 晃代  | 【定員32名】<br>トラディショナルヨーガ30<br>9:50-10:20<br>瀧美 靖子  | 【定員30名】<br>入門太極拳30<br>9:25-9:55<br>増岡 美奈江      | 【定員58名】<br>バレーボール30<br>10:00-10:30<br>MIRAY               | REBORNSスクール<br>9:30-10:30 |                                                 |       |                                            |                                                 |       |                            |                                                 |                                                 |       |       |                                                 |       | ○キッズスクール<br>ミライク<br>8:00-9:00   |  |  |  |  |  |  |  |  |  |  |  |  |
| 10:00 |                                                   |                                                  |                                                | 【定員50名】<br>バレーボール30<br>10:00-10:30<br>MIRAY               |                           |                                                 |       |                                            |                                                 |       |                            |                                                 |                                                 |       |       |                                                 |       |                                 |  |  |  |  |  |  |  |  |  |  |  |  |
| 10:30 | 【定員50名】<br>らからエアロ30<br>10:40-11:10<br>西村 知里       |                                                  |                                                | 【定員37名】<br>ボディメイクエアロ30<br>10:45-11:15<br>MIRAY            |                           |                                                 |       |                                            |                                                 |       |                            |                                                 |                                                 |       |       |                                                 |       |                                 |  |  |  |  |  |  |  |  |  |  |  |  |
| 11:00 | 【定員50名】<br>エンジョイエアロ30<br>11:25-11:55<br>田中 八重子    | REBORNSスクール<br>11:30-12:30                       | 【定員24名】<br>ボディメイクエアロ45<br>10:35-11:20<br>磯崎 晃代 | 【定員50名】<br>トラディショナルヨーガ30<br>11:10-11:40<br>TOMO           |                           |                                                 |       | ○ベビーミライクススクール<br>10:45-11:30               |                                                 |       | REBORNSスクール<br>10:30-11:30 |                                                 |                                                 |       |       |                                                 |       | ○キッズスクール<br>ミライク<br>9:00-10:00  |  |  |  |  |  |  |  |  |  |  |  |  |
| 11:30 |                                                   |                                                  |                                                | 【定員50名】<br>コアデザイン30<br>12:10-12:40<br>田中 八重子              |                           |                                                 |       |                                            |                                                 |       |                            |                                                 |                                                 |       |       |                                                 |       |                                 |  |  |  |  |  |  |  |  |  |  |  |  |
| 12:00 | 【定員58名】<br>グループフィット30<br>12:10-12:40<br>田中 八重子    |                                                  |                                                | 【定員28名】<br>バレーボール30<br>12:00-12:30<br>RIKO                |                           |                                                 |       |                                            |                                                 |       |                            |                                                 |                                                 |       |       |                                                 |       |                                 |  |  |  |  |  |  |  |  |  |  |  |  |
| 12:30 |                                                   | 【定員32名】<br>太極拳30<br>12:50-13:25<br>村上            | 【定員30名】<br>バレーボール30<br>12:50-13:20<br>原田 正美    | 【定員50名】<br>トラディショナルヨーガ30<br>13:00-13:30<br>丸橋 広美          |                           |                                                 |       | 【定員58名】<br>ウオーキングサークル<br>11:45-12:15       |                                                 |       |                            |                                                 |                                                 |       |       |                                                 |       | ○キッズスクール<br>ミライク<br>10:45-11:30 |  |  |  |  |  |  |  |  |  |  |  |  |
| 13:00 | 【定員50名】<br>グループフィット30<br>12:55-13:25<br>村上        |                                                  |                                                | 【定員58名】<br>トラディショナルヨーガ30<br>13:00-13:30<br>丸橋 広美          |                           |                                                 |       |                                            |                                                 |       |                            |                                                 |                                                 |       |       |                                                 |       |                                 |  |  |  |  |  |  |  |  |  |  |  |  |
| 13:30 |                                                   |                                                  |                                                | 【定員37名】<br>ボディメイクエアロ30<br>13:05-13:35<br>勝然               |                           |                                                 |       |                                            |                                                 |       |                            |                                                 |                                                 |       |       |                                                 |       |                                 |  |  |  |  |  |  |  |  |  |  |  |  |
| 14:00 | 短期スクール【太極拳】<br>13:40-14:10<br>原田 正美               | トラディショナルヨーガ45<br>13:35-14:20<br>村田 美和            | 【定員32名】<br>バレーボール30<br>13:35-14:20<br>村田 美和    | 【定員50名】<br>ジャズダンスSTAGE30<br>14:00-14:30<br>志田 香織          |                           |                                                 |       | 【定員30名】<br>バレーボール30<br>14:00-14:30<br>前田 薫 |                                                 |       |                            |                                                 |                                                 |       |       |                                                 |       | ○キッズスクール<br>ミライク<br>12:00-13:00 |  |  |  |  |  |  |  |  |  |  |  |  |
| 14:30 | 【定員50名】<br>バレーボール30<br>14:30-15:00<br>小山 江里子      |                                                  |                                                | 【定員20名】<br>美脊柱ヨーガ45<br>14:45-15:15<br>瀧美 靖子               |                           |                                                 |       |                                            |                                                 |       |                            |                                                 |                                                 |       |       |                                                 |       |                                 |  |  |  |  |  |  |  |  |  |  |  |  |
| 15:00 | 【定員50名】<br>FITTHOP<br>15:15-15:45<br>小山 江里子       |                                                  |                                                | 【定員50名】<br>グループフィット30<br>15:15-15:45<br>秋山 美由紀            |                           |                                                 |       |                                            |                                                 |       |                            |                                                 |                                                 |       |       |                                                 |       |                                 |  |  |  |  |  |  |  |  |  |  |  |  |
| 15:30 |                                                   | 【定員32名】<br>トラディショナルヨーガ45<br>16:00-16:45<br>前田 京子 | ○キッズスクール<br>ミライク<br>15:30-16:30                | 【定員50名】<br>トラディショナルヨーガ45<br>16:05-16:35<br>秋山 美由紀         |                           |                                                 |       | ○キッズスクール<br>ミライク<br>15:30-16:30            |                                                 |       |                            |                                                 |                                                 |       |       |                                                 |       | ○キッズスクール<br>ミライク<br>12:00-13:00 |  |  |  |  |  |  |  |  |  |  |  |  |
| 16:00 | 【定員50名】<br>ZUMBA(45分クラス)<br>16:00-16:45<br>小山 江里子 |                                                  |                                                | 【定員37名】<br>グループフィット30<br>16:05-16:35<br>秋山 美由紀            |                           |                                                 |       |                                            |                                                 |       |                            |                                                 |                                                 |       |       |                                                 |       |                                 |  |  |  |  |  |  |  |  |  |  |  |  |
| 16:30 |                                                   |                                                  |                                                | 【定員50名】<br>トラディショナルヨーガ45<br>16:05-16:35<br>秋山 美由紀         |                           |                                                 |       |                                            |                                                 |       |                            |                                                 |                                                 |       |       |                                                 |       |                                 |  |  |  |  |  |  |  |  |  |  |  |  |
| 17:00 |                                                   |                                                  | ○キッズスクール<br>ミライク<br>16:30-17:30                | 歌ってmoveは品質維持が困難なため<br>全店実施終了となります。<br>立川店は8月末を持って終了となります。 |                           |                                                 |       | ○キッズスクール<br>ミライク<br>16:30-17:30            |                                                 |       |                            |                                                 |                                                 |       |       |                                                 |       | ○キッズスクール<br>ミライク<br>13:00-14:00 |  |  |  |  |  |  |  |  |  |  |  |  |
| 17:30 |                                                   |                                                  |                                                |                                                           |                           |                                                 |       |                                            |                                                 |       |                            |                                                 |                                                 |       |       |                                                 |       |                                 |  |  |  |  |  |  |  |  |  |  |  |  |
| 18:00 |                                                   |                                                  |                                                |                                                           |                           |                                                 |       |                                            |                                                 |       |                            |                                                 |                                                 |       |       |                                                 |       |                                 |  |  |  |  |  |  |  |  |  |  |  |  |
| 18:30 | 【定員50名】<br>フリースタイルNEXT30<br>18:50-19:20<br>Sui    | 【定員32名】<br>トラディショナルヨーガ45<br>18:50-19:20<br>村田 美和 | ○キッズスクール<br>ミライク<br>18:30-19:30                | 【定員50名】<br>トラディショナルヨーガ45<br>18:50-19:20<br>村田 美和          |                           |                                                 |       | 【定員30名】<br>バレーボール30<br>18:30-19:00<br>前田 薫 |                                                 |       |                            |                                                 |                                                 |       |       |                                                 |       | ○キッズスクール<br>ミライク<br>13:00-14:00 |  |  |  |  |  |  |  |  |  |  |  |  |
| 19:00 |                                                   |                                                  |                                                | 【定員50名】<br>トラディショナルヨーガ45<br>19:00-19:30<br>丸橋 広美          |                           |                                                 |       |                                            |                                                 |       |                            |                                                 |                                                 |       |       |                                                 |       |                                 |  |  |  |  |  |  |  |  |  |  |  |  |
| 19:30 |                                                   |                                                  |                                                | 【定員37名】<br>ボディメイクエアロ30<br>19:05-19:35<br>勝然               |                           |                                                 |       |                                            |                                                 |       |                            |                                                 |                                                 |       |       |                                                 |       |                                 |  |  |  |  |  |  |  |  |  |  |  |  |
| 20:00 | 【定員50名】<br>グループフィット30<br>19:35-20:05<br>秋山 美由紀    | 【定員32名】<br>トラディショナルヨーガ45<br>19:35-20:05<br>前田 京子 | ○キッズスクール<br>ミライク<br>19:30-20:30                | 【定員50名】<br>トラディショナルヨーガ45<br>19:35-20:05<br>前田 京子          |                           |                                                 |       | 【定員30名】<br>バレーボール30<br>19:30-20:00<br>前田 薫 |                                                 |       |                            |                                                 |                                                 |       |       |                                                 |       | ○キッズスクール<br>ミライク<br>13:00-14:00 |  |  |  |  |  |  |  |  |  |  |  |  |
| 20:30 | 【定員50名】<br>ZUMBA(45分クラス)<br>19:35-20:05<br>前田 京子  |                                                  |                                                | 【定員37名】<br>ボディメイクエアロ30<br>19:35-20:05<br>前田 京子            |                           |                                                 |       |                                            |                                                 |       |                            |                                                 |                                                 |       |       |                                                 |       |                                 |  |  |  |  |  |  |  |  |  |  |  |  |
| 21:00 | 【定員50名】<br>グループフィット30<br>20:05-20:35<br>秋山 美由紀    |                                                  |                                                | 【定員50名】<br>トラディショナルヨーガ45<br>20:05-20:35<br>秋山 美由紀         |                           |                                                 |       |                                            |                                                 |       |                            |                                                 |                                                 |       |       |                                                 |       |                                 |  |  |  |  |  |  |  |  |  |  |  |  |
| 21:30 | 【定員50名】<br>グループフィット30<br>21:25-22:10<br>高橋        | 【定員32名】<br>トラディショナルヨーガ45<br>21:25-22:10<br>高橋    | ○キッズスクール<br>ミライク<br>21:30-22:30                | 【定員50名】<br>トラディショナルヨーガ45<br>21:25-22:10<br>高橋             |                           |                                                 |       | 【定員30名】<br>バレーボール30<br>21:30-22:00<br>前田 薫 |                                                 |       |                            |                                                 |                                                 |       |       |                                                 |       | ○キッズスクール<br>ミライク<br>13:00-14:00 |  |  |  |  |  |  |  |  |  |  |  |  |
| 22:00 |                                                   |                                                  |                                                | 【定員50名】<br>トラディショナルヨーガ45<br>21:25-22:10<br>高橋             |                           |                                                 |       |                                            |                                                 |       |                            |                                                 |                                                 |       |       |                                                 |       |                                 |  |  |  |  |  |  |  |  |  |  |  |  |
| 22:30 |                                                   |                                                  |                                                | 【定員50名】<br>トラディショナルヨーガ45<br>21:25-22:10<br>高橋             |                           |                                                 |       |                                            |                                                 |       |                            |                                                 |                                                 |       |       |                                                 |       |                                 |  |  |  |  |  |  |  |  |  |  |  |  |
| 23:00 | 利用終了時間<br>マシンジム 22:50 プール 22:30<br>施設閉館時間 23:00   |                                                  |                                                | 利用終了時間<br>マシンジム 22:50 プール 22:30<br>施設閉館時間 23:00           |                           | 利用終了時間<br>マシンジム 22:50 プール 22:30<br>施設閉館時間 23:00 |       |                                            | 利用終了時間<br>マシンジム 22:50 プール 22:30<br>施設閉館時間 23:00 |       |                            | 利用終了時間<br>マシンジム 22:50 プール 22:30<br>施設閉館時間 23:00 | 利用終了時間<br>マシンジム 22:50 プール 22:30<br>施設閉館時間 23:00 |       |       | 利用終了時間<br>マシンジム 22:50 プール 22:30<br>施設閉館時間 23:00 |       |                                 |  |  |  |  |  |  |  |  |  |  |  |  |
| 23:30 |                                                   |                                                  |                                                |                                                           |                           |                                                 |       |                                            |                                                 |       |                            |                                                 |                                                 |       |       |                                                 |       |                                 |  |  |  |  |  |  |  |  |  |  |  |  |
| 23:30 |                                                   |                                                  |                                                |                                                           |                           |                                                 |       |                                            |                                                 |       |                            |                                                 |                                                 |       |       |                                                 |       |                                 |  |  |  |  |  |  |  |  |  |  |  |  |

※プール・短期スクール（有料）プログラムのご案内  
プールプログラム、短期スクール（有料登録制）プログラムに関しては、別紙のプログラムをご確認いただきますようお願いいたします。

2026年9月／メガロス立川【北館・南館】アクアプログラムタイムスケジュール／月曜日～木曜日

| 月 曜 日        |   |   |   |   |              |   |   |   |   |   | 火 曜 日        |   |   |   |   |     |   |   |   |   |   | 水 曜 日        |   |   |   |   |              |   |   |   |   |   | 木 曜 日        |   |   |   |   |              |   |  |  |  |  |
|--------------|---|---|---|---|--------------|---|---|---|---|---|--------------|---|---|---|---|-----|---|---|---|---|---|--------------|---|---|---|---|--------------|---|---|---|---|---|--------------|---|---|---|---|--------------|---|--|--|--|--|
| 北館           |   |   |   |   | 南館           |   |   |   |   |   | 北館           |   |   |   |   | 南館  |   |   |   |   |   | 北館           |   |   |   |   | 南館           |   |   |   |   |   | 北館           |   |   |   |   | 南館           |   |  |  |  |  |
| スイムスクール体験受付中 |   |   |   |   | パーソナルレッスン受付中 |   |   |   |   |   | パーソナルレッスン受付中 |   |   |   |   | 休館日 |   |   |   |   |   | スイムスクール体験受付中 |   |   |   |   | スイムスクール体験受付中 |   |   |   |   |   | スイムスクール体験受付中 |   |   |   |   | パーソナルレッスン受付中 |   |  |  |  |  |
| 1            | 2 | 3 | 4 | 5 | 1            | 2 | 3 | 4 | 5 | 6 | 1            | 2 | 3 | 4 | 5 | 1   | 2 | 3 | 4 | 5 | 6 | 1            | 2 | 3 | 4 | 5 | 6            | 1 | 2 | 3 | 4 | 5 | 6            | 1 | 2 | 3 | 4 | 5            | 6 |  |  |  |  |
| 【7:00 OPEN】  |   |   |   |   |              |   |   |   |   |   | 【7:00 OPEN】  |   |   |   |   |     |   |   |   |   |   | 【7:00 OPEN】  |   |   |   |   |              |   |   |   |   |   | 【7:00 OPEN】  |   |   |   |   |              |   |  |  |  |  |
|              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |     |   |   |   |   |   |              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |              |   |  |  |  |  |
|              |   |   |   |   | 【9:00 OPEN】  |   |   |   |   |   |              |   |   |   |   |     |   |   |   |   |   | 【9:00 OPEN】  |   |   |   |   |              |   |   |   |   |   | 【9:00 OPEN】  |   |   |   |   |              |   |  |  |  |  |
|              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |     |   |   |   |   |   |              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |              |   |  |  |  |  |
|              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |     |   |   |   |   |   |              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |              |   |  |  |  |  |
|              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |     |   |   |   |   |   |              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |              |   |  |  |  |  |
|              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |     |   |   |   |   |   |              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |              |   |  |  |  |  |
|              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |     |   |   |   |   |   |              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |              |   |  |  |  |  |
|              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |     |   |   |   |   |   |              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |              |   |  |  |  |  |
|              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |     |   |   |   |   |   |              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |              |   |  |  |  |  |
|              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |     |   |   |   |   |   |              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |              |   |  |  |  |  |
|              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |     |   |   |   |   |   |              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |              |   |  |  |  |  |
|              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |     |   |   |   |   |   |              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |              |   |  |  |  |  |
|              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |     |   |   |   |   |   |              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |              |   |  |  |  |  |
|              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |     |   |   |   |   |   |              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |              |   |  |  |  |  |
|              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |     |   |   |   |   |   |              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |              |   |  |  |  |  |
|              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |     |   |   |   |   |   |              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |              |   |  |  |  |  |
|              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |     |   |   |   |   |   |              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |              |   |  |  |  |  |
|              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |     |   |   |   |   |   |              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |              |   |  |  |  |  |
|              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |     |   |   |   |   |   |              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |              |   |  |  |  |  |
|              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |     |   |   |   |   |   |              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |              |   |  |  |  |  |
|              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |     |   |   |   |   |   |              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |              |   |  |  |  |  |
|              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |     |   |   |   |   |   |              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |              |   |  |  |  |  |
|              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |     |   |   |   |   |   |              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |              |   |  |  |  |  |
|              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |     |   |   |   |   |   |              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |              |   |  |  |  |  |
|              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |     |   |   |   |   |   |              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |              |   |  |  |  |  |
|              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |     |   |   |   |   |   |              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |              |   |  |  |  |  |
|              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |     |   |   |   |   |   |              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |              |   |  |  |  |  |
|              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |     |   |   |   |   |   |              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |              |   |  |  |  |  |
|              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |     |   |   |   |   |   |              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |              |   |  |  |  |  |
|              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |     |   |   |   |   |   |              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |              |   |  |  |  |  |
|              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |     |   |   |   |   |   |              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |              |   |  |  |  |  |
|              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |     |   |   |   |   |   |              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |              |   |  |  |  |  |
|              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |     |   |   |   |   |   |              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |              |   |  |  |  |  |
|              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |     |   |   |   |   |   |              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |              |   |  |  |  |  |
|              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |     |   |   |   |   |   |              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |              |   |  |  |  |  |
|              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |     |   |   |   |   |   |              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |              |   |  |  |  |  |
|              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |     |   |   |   |   |   |              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |              |   |  |  |  |  |
|              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |     |   |   |   |   |   |              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |              |   |  |  |  |  |
|              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |     |   |   |   |   |   |              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |              |   |  |  |  |  |
|              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |     |   |   |   |   |   |              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |              |   |  |  |  |  |
|              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |     |   |   |   |   |   |              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |              |   |  |  |  |  |
|              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |     |   |   |   |   |   |              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |              |   |  |  |  |  |
|              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |     |   |   |   |   |   |              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |              |   |  |  |  |  |
|              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |     |   |   |   |   |   |              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |              |   |  |  |  |  |
|              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |     |   |   |   |   |   |              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |              |   |  |  |  |  |
|              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |     |   |   |   |   |   |              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |              |   |  |  |  |  |
|              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |     |   |   |   |   |   |              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |              |   |  |  |  |  |
|              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |     |   |   |   |   |   |              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |              |   |  |  |  |  |
|              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |     |   |   |   |   |   |              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |              |   |  |  |  |  |
|              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |     |   |   |   |   |   |              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |              |   |  |  |  |  |
|              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |     |   |   |   |   |   |              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |              |   |  |  |  |  |
|              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |     |   |   |   |   |   |              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |              |   |  |  |  |  |
|              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |     |   |   |   |   |   |              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |              |   |  |  |  |  |
|              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |     |   |   |   |   |   |              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |              |   |  |  |  |  |
|              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |     |   |   |   |   |   |              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |              |   |  |  |  |  |
|              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |     |   |   |   |   |   |              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |              |   |  |  |  |  |
|              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |     |   |   |   |   |   |              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |              |   |  |  |  |  |
|              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |     |   |   |   |   |   |              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |              |   |  |  |  |  |
|              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |     |   |   |   |   |   |              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |              |   |  |  |  |  |
|              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |     |   |   |   |   |   |              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |              |   |  |  |  |  |
|              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |     |   |   |   |   |   |              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |              |   |  |  |  |  |
|              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |     |   |   |   |   |   |              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |              |   |  |  |  |  |
|              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |     |   |   |   |   |   |              |   |   |   |   |              |   |   |   |   |   |              |   |   |   |   |              |   |  |  |  |  |

2026年9月／メガロス立川【北館・南館】 アクアプログラムタイムスケジュール／金曜日～日曜日

| 金 曜 日 |   |   |   |   |  |                |   |   |   |   |   | 土 曜 日                    |   |   |   |   |  |                                 |   |   |   |   |   | 日 曜 日                            |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|-------|---|---|---|---|--|----------------|---|---|---|---|---|--------------------------|---|---|---|---|--|---------------------------------|---|---|---|---|---|----------------------------------|---|---|---|---|--|--------------------------------|---|---|---|---|---|---------------------------------|--|--|--|--|--|---------------------------------|--|--|--|--|--|---------------------------------|--|--|--|--|--|
| 北館    |   |   |   |   |  | 南館             |   |   |   |   |   | 北館                       |   |   |   |   |  | 南館                              |   |   |   |   |   | 北館                               |   |   |   |   |  | 南館                             |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
| 休館日   |   |   |   |   |  | パーソナルレッスン受付中   |   |   |   |   |   | パーソナルレッスン受付中             |   |   |   |   |  | フィンスクール体験受付中                    |   |   |   |   |   | スイムスクール体験受付中                     |   |   |   |   |  | フィンスクール体験受付中                   |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
| 1     | 2 | 3 | 4 | 5 |  | 1              | 2 | 3 | 4 | 5 | 6 | 1                        | 2 | 3 | 4 | 5 |  | 1                               | 2 | 3 | 4 | 5 | 6 |                                  | 2 | 3 | 4 | 5 |  | 1                              | 2 | 3 | 4 | 5 | 6 |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
| 休館日   |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   | 【8:00 OPEN】                      |   |   |   |   |  | 準備 8:00～8:30                   |   |   |   |   |   | 【8:00 OPEN】                     |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
| 休館日   |   |   |   |   |  |                |   |   |   |   |   | 準備 10:20～10:30           |   |   |   |   |  | ＜キッズスクール＞<br>Jr1<br>8:30～9:30   |   |   |   |   |   | ＜キッズスクール＞<br>Jr2<br>8:30～9:30    |   |   |   |   |  | 準備 8:00～8:30                   |   |   |   |   |   | ＜キッズスクール＞<br>Jr1<br>8:30～9:30   |  |  |  |  |  | 準備 8:00～8:30                    |  |  |  |  |  | ＜キッズスクール＞<br>Jr2<br>8:30～9:30   |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
| 休館日   |   |   |   |   |  |                |   |   |   |   |   | ＜ベビースクール＞<br>10:30～12:00 |   |   |   |   |  | ＜キッズスクール＞<br>KIDS<br>9:30～10:30 |   |   |   |   |   | ＜キッズスクール＞<br>KIDS<br>10:30～11:30 |   |   |   |   |  | ＜キッズスクール＞<br>Jr1<br>9:30～10:30 |   |   |   |   |   | ＜キッズスクール＞<br>Jr1<br>9:30～10:30  |  |  |  |  |  | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
| 休館日   |   |   |   |   |  | 準備 10:20～10:30 |   |   |   |   |   | ＜ベビースクール＞<br>10:30～12:00 |   |   |   |   |  | ＜キッズスクール＞<br>KIDS<br>9:30～10:30 |   |   |   |   |   | ＜キッズスクール＞<br>KIDS<br>10:30～11:30 |   |   |   |   |  | ＜キッズスクール＞<br>Jr1<br>9:30～10:30 |   |   |   |   |   | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
| 休館日   |   |   |   |   |  | 準備 10:20～10:30 |   |   |   |   |   | ＜ベビースクール＞<br>10:30～12:00 |   |   |   |   |  | ＜キッズスクール＞<br>KIDS<br>9:30～10:30 |   |   |   |   |   | ＜キッズスクール＞<br>KIDS<br>10:30～11:30 |   |   |   |   |  | ＜キッズスクール＞<br>Jr1<br>9:30～10:30 |   |   |   |   |   | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
| 休館日   |   |   |   |   |  | 準備 10:20～10:30 |   |   |   |   |   | ＜ベビースクール＞<br>10:30～12:00 |   |   |   |   |  | ＜キッズスクール＞<br>KIDS<br>9:30～10:30 |   |   |   |   |   | ＜キッズスクール＞<br>KIDS<br>10:30～11:30 |   |   |   |   |  | ＜キッズスクール＞<br>Jr1<br>9:30～10:30 |   |   |   |   |   | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
| 休館日   |   |   |   |   |  | 準備 10:20～10:30 |   |   |   |   |   | ＜ベビースクール＞<br>10:30～12:00 |   |   |   |   |  | ＜キッズスクール＞<br>KIDS<br>9:30～10:30 |   |   |   |   |   | ＜キッズスクール＞<br>KIDS<br>10:30～11:30 |   |   |   |   |  | ＜キッズスクール＞<br>Jr1<br>9:30～10:30 |   |   |   |   |   | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
| 休館日   |   |   |   |   |  | 準備 10:20～10:30 |   |   |   |   |   | ＜ベビースクール＞<br>10:30～12:00 |   |   |   |   |  | ＜キッズスクール＞<br>KIDS<br>9:30～10:30 |   |   |   |   |   | ＜キッズスクール＞<br>KIDS<br>10:30～11:30 |   |   |   |   |  | ＜キッズスクール＞<br>Jr1<br>9:30～10:30 |   |   |   |   |   | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
| 休館日   |   |   |   |   |  | 準備 10:20～10:30 |   |   |   |   |   | ＜ベビースクール＞<br>10:30～12:00 |   |   |   |   |  | ＜キッズスクール＞<br>KIDS<br>9:30～10:30 |   |   |   |   |   | ＜キッズスクール＞<br>KIDS<br>10:30～11:30 |   |   |   |   |  | ＜キッズスクール＞<br>Jr1<br>9:30～10:30 |   |   |   |   |   | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
| 休館日   |   |   |   |   |  | 準備 10:20～10:30 |   |   |   |   |   | ＜ベビースクール＞<br>10:30～12:00 |   |   |   |   |  | ＜キッズスクール＞<br>KIDS<br>9:30～10:30 |   |   |   |   |   | ＜キッズスクール＞<br>KIDS<br>10:30～11:30 |   |   |   |   |  | ＜キッズスクール＞<br>Jr1<br>9:30～10:30 |   |   |   |   |   | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
| 休館日   |   |   |   |   |  | 準備 10:20～10:30 |   |   |   |   |   | ＜ベビースクール＞<br>10:30～12:00 |   |   |   |   |  | ＜キッズスクール＞<br>KIDS<br>9:30～10:30 |   |   |   |   |   | ＜キッズスクール＞<br>KIDS<br>10:30～11:30 |   |   |   |   |  | ＜キッズスクール＞<br>Jr1<br>9:30～10:30 |   |   |   |   |   | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
| 休館日   |   |   |   |   |  | 準備 10:20～10:30 |   |   |   |   |   | ＜ベビースクール＞<br>10:30～12:00 |   |   |   |   |  | ＜キッズスクール＞<br>KIDS<br>9:30～10:30 |   |   |   |   |   | ＜キッズスクール＞<br>KIDS<br>10:30～11:30 |   |   |   |   |  | ＜キッズスクール＞<br>Jr1<br>9:30～10:30 |   |   |   |   |   | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
| 休館日   |   |   |   |   |  | 準備 10:20～10:30 |   |   |   |   |   | ＜ベビースクール＞<br>10:30～12:00 |   |   |   |   |  | ＜キッズスクール＞<br>KIDS<br>9:30～10:30 |   |   |   |   |   | ＜キッズスクール＞<br>KIDS<br>10:30～11:30 |   |   |   |   |  | ＜キッズスクール＞<br>Jr1<br>9:30～10:30 |   |   |   |   |   | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
| 休館日   |   |   |   |   |  | 準備 10:20～10:30 |   |   |   |   |   | ＜ベビースクール＞<br>10:30～12:00 |   |   |   |   |  | ＜キッズスクール＞<br>KIDS<br>9:30～10:30 |   |   |   |   |   | ＜キッズスクール＞<br>KIDS<br>10:30～11:30 |   |   |   |   |  | ＜キッズスクール＞<br>Jr1<br>9:30～10:30 |   |   |   |   |   | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
| 休館日   |   |   |   |   |  | 準備 10:20～10:30 |   |   |   |   |   | ＜ベビースクール＞<br>10:30～12:00 |   |   |   |   |  | ＜キッズスクール＞<br>KIDS<br>9:30～10:30 |   |   |   |   |   | ＜キッズスクール＞<br>KIDS<br>10:30～11:30 |   |   |   |   |  | ＜キッズスクール＞<br>Jr1<br>9:30～10:30 |   |   |   |   |   | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
| 休館日   |   |   |   |   |  | 準備 10:20～10:30 |   |   |   |   |   | ＜ベビースクール＞<br>10:30～12:00 |   |   |   |   |  | ＜キッズスクール＞<br>KIDS<br>9:30～10:30 |   |   |   |   |   | ＜キッズスクール＞<br>KIDS<br>10:30～11:30 |   |   |   |   |  | ＜キッズスクール＞<br>Jr1<br>9:30～10:30 |   |   |   |   |   | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
| 休館日   |   |   |   |   |  | 準備 10:20～10:30 |   |   |   |   |   | ＜ベビースクール＞<br>10:30～12:00 |   |   |   |   |  | ＜キッズスクール＞<br>KIDS<br>9:30～10:30 |   |   |   |   |   | ＜キッズスクール＞<br>KIDS<br>10:30～11:30 |   |   |   |   |  | ＜キッズスクール＞<br>Jr1<br>9:30～10:30 |   |   |   |   |   | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
| 休館日   |   |   |   |   |  | 準備 10:20～10:30 |   |   |   |   |   | ＜ベビースクール＞<br>10:30～12:00 |   |   |   |   |  | ＜キッズスクール＞<br>KIDS<br>9:30～10:30 |   |   |   |   |   | ＜キッズスクール＞<br>KIDS<br>10:30～11:30 |   |   |   |   |  | ＜キッズスクール＞<br>Jr1<br>9:30～10:30 |   |   |   |   |   | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
| 休館日   |   |   |   |   |  | 準備 10:20～10:30 |   |   |   |   |   | ＜ベビースクール＞<br>10:30～12:00 |   |   |   |   |  | ＜キッズスクール＞<br>KIDS<br>9:30～10:30 |   |   |   |   |   | ＜キッズスクール＞<br>KIDS<br>10:30～11:30 |   |   |   |   |  | ＜キッズスクール＞<br>Jr1<br>9:30～10:30 |   |   |   |   |   | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
| 休館日   |   |   |   |   |  | 準備 10:20～10:30 |   |   |   |   |   | ＜ベビースクール＞<br>10:30～12:00 |   |   |   |   |  | ＜キッズスクール＞<br>KIDS<br>9:30～10:30 |   |   |   |   |   | ＜キッズスクール＞<br>KIDS<br>10:30～11:30 |   |   |   |   |  | ＜キッズスクール＞<br>Jr1<br>9:30～10:30 |   |   |   |   |   | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
| 休館日   |   |   |   |   |  | 準備 10:20～10:30 |   |   |   |   |   | ＜ベビースクール＞<br>10:30～12:00 |   |   |   |   |  | ＜キッズスクール＞<br>KIDS<br>9:30～10:30 |   |   |   |   |   | ＜キッズスクール＞<br>KIDS<br>10:30～11:30 |   |   |   |   |  | ＜キッズスクール＞<br>Jr1<br>9:30～10:30 |   |   |   |   |   | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
| 休館日   |   |   |   |   |  | 準備 10:20～10:30 |   |   |   |   |   | ＜ベビースクール＞<br>10:30～12:00 |   |   |   |   |  | ＜キッズスクール＞<br>KIDS<br>9:30～10:30 |   |   |   |   |   | ＜キッズスクール＞<br>KIDS<br>10:30～11:30 |   |   |   |   |  | ＜キッズスクール＞<br>Jr1<br>9:30～10:30 |   |   |   |   |   | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
| 休館日   |   |   |   |   |  | 準備 10:20～10:30 |   |   |   |   |   | ＜ベビースクール＞<br>10:30～12:00 |   |   |   |   |  | ＜キッズスクール＞<br>KIDS<br>9:30～10:30 |   |   |   |   |   | ＜キッズスクール＞<br>KIDS<br>10:30～11:30 |   |   |   |   |  | ＜キッズスクール＞<br>Jr1<br>9:30～10:30 |   |   |   |   |   | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
| 休館日   |   |   |   |   |  | 準備 10:20～10:30 |   |   |   |   |   | ＜ベビースクール＞<br>10:30～12:00 |   |   |   |   |  | ＜キッズスクール＞<br>KIDS<br>9:30～10:30 |   |   |   |   |   | ＜キッズスクール＞<br>KIDS<br>10:30～11:30 |   |   |   |   |  | ＜キッズスクール＞<br>Jr1<br>9:30～10:30 |   |   |   |   |   | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
| 休館日   |   |   |   |   |  | 準備 10:20～10:30 |   |   |   |   |   | ＜ベビースクール＞<br>10:30～12:00 |   |   |   |   |  | ＜キッズスクール＞<br>KIDS<br>9:30～10:30 |   |   |   |   |   | ＜キッズスクール＞<br>KIDS<br>10:30～11:30 |   |   |   |   |  | ＜キッズスクール＞<br>Jr1<br>9:30～10:30 |   |   |   |   |   | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
| 休館日   |   |   |   |   |  | 準備 10:20～10:30 |   |   |   |   |   | ＜ベビースクール＞<br>10:30～12:00 |   |   |   |   |  | ＜キッズスクール＞<br>KIDS<br>9:30～10:30 |   |   |   |   |   | ＜キッズスクール＞<br>KIDS<br>10:30～11:30 |   |   |   |   |  | ＜キッズスクール＞<br>Jr1<br>9:30～10:30 |   |   |   |   |   | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
| 休館日   |   |   |   |   |  | 準備 10:20～10:30 |   |   |   |   |   | ＜ベビースクール＞<br>10:30～12:00 |   |   |   |   |  | ＜キッズスクール＞<br>KIDS<br>9:30～10:30 |   |   |   |   |   | ＜キッズスクール＞<br>KIDS<br>10:30～11:30 |   |   |   |   |  | ＜キッズスクール＞<br>Jr1<br>9:30～10:30 |   |   |   |   |   | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
| 休館日   |   |   |   |   |  | 準備 10:20～10:30 |   |   |   |   |   | ＜ベビースクール＞<br>10:30～12:00 |   |   |   |   |  | ＜キッズスクール＞<br>KIDS<br>9:30～10:30 |   |   |   |   |   | ＜キッズスクール＞<br>KIDS<br>10:30～11:30 |   |   |   |   |  | ＜キッズスクール＞<br>Jr1<br>9:30～10:30 |   |   |   |   |   | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
| 休館日   |   |   |   |   |  | 準備 10:20～10:30 |   |   |   |   |   | ＜ベビースクール＞<br>10:30～12:00 |   |   |   |   |  | ＜キッズスクール＞<br>KIDS<br>9:30～10:30 |   |   |   |   |   | ＜キッズスクール＞<br>KIDS<br>10:30～11:30 |   |   |   |   |  | ＜キッズスクール＞<br>Jr1<br>9:30～10:30 |   |   |   |   |   | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
| 休館日   |   |   |   |   |  | 準備 10:20～10:30 |   |   |   |   |   | ＜ベビースクール＞<br>10:30～12:00 |   |   |   |   |  | ＜キッズスクール＞<br>KIDS<br>9:30～10:30 |   |   |   |   |   | ＜キッズスクール＞<br>KIDS<br>10:30～11:30 |   |   |   |   |  | ＜キッズスクール＞<br>Jr1<br>9:30～10:30 |   |   |   |   |   | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
| 休館日   |   |   |   |   |  | 準備 10:20～10:30 |   |   |   |   |   | ＜ベビースクール＞<br>10:30～12:00 |   |   |   |   |  | ＜キッズスクール＞<br>KIDS<br>9:30～10:30 |   |   |   |   |   | ＜キッズスクール＞<br>KIDS<br>10:30～11:30 |   |   |   |   |  | ＜キッズスクール＞<br>Jr1<br>9:30～10:30 |   |   |   |   |   | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
| 休館日   |   |   |   |   |  | 準備 10:20～10:30 |   |   |   |   |   | ＜ベビースクール＞<br>10:30～12:00 |   |   |   |   |  | ＜キッズスクール＞<br>KIDS<br>9:30～10:30 |   |   |   |   |   | ＜キッズスクール＞<br>KIDS<br>10:30～11:30 |   |   |   |   |  | ＜キッズスクール＞<br>Jr1<br>9:30～10:30 |   |   |   |   |   | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
| 休館日   |   |   |   |   |  | 準備 10:20～10:30 |   |   |   |   |   | ＜ベビースクール＞<br>10:30～12:00 |   |   |   |   |  | ＜キッズスクール＞<br>KIDS<br>9:30～10:30 |   |   |   |   |   | ＜キッズスクール＞<br>KIDS<br>10:30～11:30 |   |   |   |   |  | ＜キッズスクール＞<br>Jr1<br>9:30～10:30 |   |   |   |   |   | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
| 休館日   |   |   |   |   |  | 準備 10:20～10:30 |   |   |   |   |   | ＜ベビースクール＞<br>10:30～12:00 |   |   |   |   |  | ＜キッズスクール＞<br>KIDS<br>9:30～10:30 |   |   |   |   |   | ＜キッズスクール＞<br>KIDS<br>10:30～11:30 |   |   |   |   |  | ＜キッズスクール＞<br>Jr1<br>9:30～10:30 |   |   |   |   |   | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
| 休館日   |   |   |   |   |  | 準備 10:20～10:30 |   |   |   |   |   | ＜ベビースクール＞<br>10:30～12:00 |   |   |   |   |  | ＜キッズスクール＞<br>KIDS<br>9:30～10:30 |   |   |   |   |   | ＜キッズスクール＞<br>KIDS<br>10:30～11:30 |   |   |   |   |  | ＜キッズスクール＞<br>Jr1<br>9:30～10:30 |   |   |   |   |   | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
| 休館日   |   |   |   |   |  | 準備 10:20～10:30 |   |   |   |   |   | ＜ベビースクール＞<br>10:30～12:00 |   |   |   |   |  | ＜キッズスクール＞<br>KIDS<br>9:30～10:30 |   |   |   |   |   | ＜キッズスクール＞<br>KIDS<br>10:30～11:30 |   |   |   |   |  | ＜キッズスクール＞<br>Jr1<br>9:30～10:30 |   |   |   |   |   | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
|       |   |   |   |   |  |                |   |   |   |   |   |                          |   |   |   |   |  |                                 |   |   |   |   |   |                                  |   |   |   |   |  |                                |   |   |   |   |   |                                 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |
| 休館日   |   |   |   |   |  | 準備 10:20～10:30 |   |   |   |   |   | ＜ベビースクール＞<br>10:30～12:00 |   |   |   |   |  | ＜キッズスクール＞<br>KIDS<br>9:30～10:30 |   |   |   |   |   | ＜キッズスクール＞<br>KIDS<br>10:30～11:30 |   |   |   |   |  | ＜キッズスクール＞<br>Jr1<br>9:30～10:30 |   |   |   |   |   | ＜キッズスクール＞<br>Jr1<br>10:30～11:30 |  |  |  |  |  |                                 |  |  |  |  |  |                                 |  |  |  |  |  |

9月のフリー遊泳日

北館：毎月0のつく日 南館：毎月5のつく日

北館： 9月10日(木)・30日(水)

南館： 9月5日(土)・9月25日(金)

★泳法・コンディショニングシリーズのプログラムが中止となり、その時間帯フリーでプールをご利用いただけます。

★スイムスクール・フィンスクール・マスターズサークルは通常通り実施いたします。

★成人パーソナルレッスンは通常通り実施いたします。

★ダンス系プログラムは通常通り実施いたします。

★イベント開催等によりレーンを使用させていただく場合がございます。予めご了承ください。

★担当未確定の箇所は、担当が決まり次第ご案内させていただきます。

祝日等、短縮営業に伴うアクアプログラム休講日

北館・南館9月21日(月・祝)、22日(火・祝)、23日(水・祝)

※祝日短縮営業時間のプール利用は北館19：30まで/南館17：30までとなりますのでそれ以降のレッスンは休講となります。(マスターズサークルを含む)

アクアプログラム参加方法

①レッスン開始1時間前より受付いたします。

②アクアプログラム参加者台帳にお名前をご記入ください。 ※代筆はご遠慮ください

③参加者台帳、日付欄にチェックをしてください。

④レッスン開始前までに準備運動・脈の確認・ウォーミングアップを行ってください。

⑤開始時間になりましたらレーンにお集まりください。

アクアプログラム参加時の注意事項・ご案内

※皆様の体力・泳力のより良い向上のためにも、同種目での「入門プログラム」と「応用プログラム」併せてのご参加はご遠慮いただいております。「スイムトレーニング（入門）」と「スイムトレーニング」のご参加に関しても同様です。

※アクアプログラムに参加される場合は、プールカウンターにて受付が必要となります。(レッスン開始の1時間前より受付開始)

※レッスン開始5分以降のレッスンへのご参加、及び途中退場は安全管理上ご遠慮ください。

尚、レッスン開始後のコース変更は行いません。

※レッスン開始時刻に参加者がいない場合はクローズとなります。

※スイムスクール・フィンスクール・マスターズサークルは、有料登録制（別料金）となります。

※パーソナルレッスンは事前予約制（別料金）となります。

※体調管理をお願いいたします。体調に異変を感じた場合は早急にお近くのスイミングキャストまでお申し出ください。(レッスン前に脈・血圧をご確認ください。)

※祝日やスクール休講の場合は、スケジュールが変わる場合もございますのでご了承ください。

施設利用時の注意事項・ご案内

※プールエリアご利用の際は必ずシャワーを浴び、お化粧を落とし、貴金属類は外してください。但し、ゴム・布製の物は着用可能です。(ウォーキングやリラクゼーションプールのみの利用でも同様)

※すべてのタイプの水の着での利用が可能です。

※水分補給はこまめに行いましょう。補給する際はプールから上がるようお願いいたします。

※ご案内しておりますコース帯はプールの利用状況により変更する場合があります。予めご了承ください。

パーソナルレッスン予約方法

※プールカウンターにて受付いたします。

※おひとり様最大4枠まで。(北館・南館それぞれ2枠まで)

※申込用紙兼入金用紙をお渡しいたしますので、メインフロントにてご入金をお願いいたします。

※パーソナルレッスンのため、急遽レーンを利用する場合がございますので、ご了承ください。

マスターズサークル・スイムトレーニング時のコース帯について

※マスターズサークル・スイムトレーニングのレッスンにおいて、安全面を考慮するため少人数でもレーンを拡大してレッスンを行う可能性がございます。予めご了承ください。

各種パーソナルレッスンのご案内

■ SEICA（月4回・60分/回）

参加費 スイムスクール会員：38,720円（税込） FS会員・一般：48,400円（税込）

■ PL60（1回60分）

参加費 スイムスクール会員：12,100円（税込） FS会員・一般：14,520円（税込）

～受付の流れ～

①プール、電話、フロントにて受付

②担当コーチとスケジュールを決定

③フロントにてご入金、レッスン開始

休館日

バタフライ

定員64名

定員64名

定員64名

定員64名

※1

※キッズスクール中のプールエリア利用に  
関してをご確認ください。

★のついているレッスンは初めての方でも安心してご参加できるレッスンです。

キッズスクール時間帯は、安全確認の為ブザーや笛、鐘を鳴らしますので、  
予めご了承ください。  
ご理解・ご協力をお願い致します。

※キッズスクール中のプールエリア利用に関して  
キッズスクール開催時は、大人の方のご利用可能レーンが2コースとなる場合がございます。  
この場合、コースは「泳ぐコース(練習用25Mコース)」 「ウォーキングコース」のご利用となります。  
また、レーンの幅が狭くなるためご利用の際には十分ご注意ください。

【プール：17:30 CLOSE】  
【施設：18:00 CLOSE】  
8月よりプール利用時間変更  
⇒17：30

【プール：19:30 CLOSE】 【施設：20:00 CLOSE】  
8月よりプール利用時間変更  
⇒19：30

【プール：21:30 CLOSE】  
【施設：22:00 CLOSE】  
8月よりプール利用時間変更  
⇒21：30

【プール：22:30 CLOSE】  
【施設：23:00 CLOSE】  
8月よりプール利用時間変更  
⇒22：30